LUNCH LOG	DATE:	LUNCH LOG	DATE:
BREAKFAST:	-	BREAKFAST:	-
	- HOW WAS IT: ☆☆☆☆☆ HOW DO I FEEL: ☆☆☆☆☆		- HOW WAS IT: ☆☆☆☆☆ HOW DO I FEEL: ☆☆☆☆☆
LUNCH:	-	LUNCH:	-
	- _ HOW WASIT: ☆☆☆☆☆ _ HOW DOIFEEL: ☆☆☆☆☆		- _ HOW WASIT: ☆☆☆☆☆ _ HOW DOIFEEL: ☆☆☆☆☆
DINNER:	-	DINNER:	-
	- HOW WASIT: ☆☆☆☆☆ HOW DOIFEEL: ☆☆☆☆☆		- _ HOW WAS IT: ☆☆☆☆☆ _ HOW DO I FEEL: ☆☆☆☆☆
SNACKS:	_	SNACKS:	-
	- _ HOW WAS IT: ☆☆☆☆☆ _ HOW DO I FEEL: ☆☆☆☆☆		- HOW WAS IT: 公公公公公 HOW DO I FEEL: 公公公公公
DAILY RECAP		DAILY RECAP	
FRUIT & VEGETABLE COLOR BAR RED ORANGE YELLOW GREEN BLUE PURPLE	IDEAS FOR NEXT TIME	FRUIT & VEGETABLE COLOR BAR RED ORANGE YELLOW GREEN BLUE PURPLE	IDEAS FOR NEXT TIME
FOOD GROUPS		FOOD GROUPS	
(FRUITS) (VEGGIES) (GRAINS) (PROTEIN) (MILK)		(FRUITS) (VEGGIES) (GRAINS) (PROTEIN) (MILK)	

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